

**Supplementary Appendix. Grading of Recommendations Assessment, Development and Evaluation (GRADE) tables for recommendations reviewed, *U.S. Medical Eligibility Criteria for Contraceptive Use, 2024*. (Nguyen AT, Curtis KM, Tepper NK, et al. *U.S. Medical Eligibility Criteria for Contraceptive Use, 2024*. *MMWR Recomm Rep* 2024;73[No. RR-4]:1–126. <https://www.cdc.gov/mmwr/volumes/73/rr/rr7304a1.htm>)**

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### 1. Risk of thrombosis among those using progestin-only contraception.

**Systematic review question: Among those using progestin-only contraception, is there an increased risk of arterial thrombosis or venous thromboembolism compared to no, non-hormonal, or other contraception?** This table is based on Tepper NK, Nguyen AT, Curtis KM, Whiteman MK. Progestin-only contraception and thrombosis: An updated systematic review. Contraception 2024: in preparation.

| Outcome  | Number of Studies | Study design | Risk of bias              | Inconsistency | Imprecision               | Indirectness | Number of patients: exposed or cases | Number of patients: unexposed or controls | Effect  | Certainty |
|--|-------------------|--------------|---------------------------|---------------|---------------------------|--------------|--------------------------------------|---|---|-----------|
| <b>LNG-IUD</b>   |                   |              |                           |               |                           |              |                                      |   |   |           |
| <b>LNG-IUD use vs. non-use among women in general population</b> |                   |              |                           |               |                           |              |                                      |   |   |           |
| VTE  | 3 <sup>1-3</sup>  | Cohort       | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 496,341 WY                           | 18,047,154 WY                             | RR range 0.6-0.9, not statistically significant                               | Very low  |
| VTE  | 3 <sup>4-6</sup>  | Case control | Serious <sup>a</sup>      | Not serious   | Serious <sup>c</sup>      | Not serious  | 21,608                               | 106,764                                   | OR range 0.3-0.7, not statistically significant                               | Very low  |
| Stroke   | 1 <sup>7</sup>    | Cohort       | Serious <sup>a</sup>      | Not serious   | Serious <sup>c</sup>      | Not serious  | 184, 875 WY                          | 9,336,662 WY                              | RR 0.7, not statistically significant   | Very low  |
| AMI  | 1 <sup>7</sup>    | Cohort       | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 184, 875 WY                          | 9,336,662 WY                              | RR 1.0, not statistically significant   | Very low  |
| <b>LNG-IUD use vs. non-use among women with history of VTE</b>   |                   |              |                           |               |                           |              |                                      |   |   |           |
| VTE  | 2 <sup>8,9</sup>  | Cohort       | Very serious <sup>d</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 19 <sup>e</sup>                      | 1,450                                     | Incidence: 5.3% (LNG-IUD) vs 13.5% (non-use)<br>0 (LNG-IUD) vs 4.7% (non-use) | Very low  |
| <b>Implant</b>   |                   |              |                           |               |                           |              |                                      |   |   |           |
| <b>Implant use vs. non-use among women in general population</b> |                   |              |                           |               |                           |              |                                      |   |   |           |
| VTE  | 1 <sup>3</sup>    | Cohort       | Serious <sup>f</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 29,497 WY                            | 5,892,182 WY                              | RR 1.4, not statistically significant   | Very low  |
| VTE  | 2 <sup>5,6</sup>  | Case control | Serious <sup>a,f</sup>    | Not serious   | Very serious <sup>b</sup> | Not serious  | 21,110                               | 105,303                                   | OR range 0.9-1.1, not statistically significant                               | Very low  |
| Stroke   | 1 <sup>7</sup>    | Cohort       | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 24,957 WY                            | 9,336,662 WY                              | RR 0.9, not statistically significant   | Very low  |

|  |                      |              |                           |                      |                           |                      |           |              |   |          |
|--|----------------------|--------------|---------------------------|----------------------|---------------------------|----------------------|-----------|--------------|---|----------|
| Stroke   | 1 <sup>10</sup>      | Case control | Serious <sup>a,g</sup>    | Not serious          | Very serious <sup>b</sup> | Not serious          | 518       | 1,547        | OR 1.0, not statistically significant                 | Very low |
| AMI  | 1 <sup>7</sup>       | Cohort       | Serious <sup>a</sup>      | Not serious          | Very serious <sup>b</sup> | Not serious          | 24,957 WY | 9,336,662 WY | RR 2.1, not statistically significant                 | Very low |
| AMI  | 1 <sup>10</sup>      | Case control | Serious <sup>a,g</sup>    | Not serious          | Very serious <sup>b</sup> | Not serious          | 307       | 1,049        | OR 3.5, not statistically significant                 | Very low |
| <b>Implant use vs. non-use among women with history of VTE</b> |                      |              |                           |                      |                           |                      |           |              |   |          |
| VTE  | 1 <sup>8</sup>       | Cohort       | Very serious <sup>d</sup> | Not serious          | Very serious <sup>b</sup> | Not serious          | 3         | 37           | Incidence: 33.3% (implant) vs. 13.5% (non-use)        | Very low |
| <b>Implant use vs. non-use among postpartum women</b>          |                      |              |                           |                      |                           |                      |           |              |   |          |
| VTE  | 1 <sup>11</sup>      | Cohort       | Serious <sup>a</sup>      | Not serious          | Very serious <sup>b</sup> | Not serious          | 8,369     | 3,378,751    | OR 1.8, not statistically significant                 | Very low |
| <b>Implant use vs. not-use among women with diabetes</b>       |                      |              |                           |                      |                           |                      |           |              |   |          |
| VTE or ATE   | 1 <sup>12</sup>      | Cohort       | Serious <sup>a</sup>      | Not serious          | Very serious <sup>b</sup> | Not serious          | 124       | 2,730        | Incidence/1000 WY: 0 (implant) vs. 3.4 (non-use)      | Very low |
| <b>DMPA</b>  |                      |              |                           |                      |                           |                      |           |              |   |          |
| <b>DMPA use vs. non-use among women in general population</b>  |                      |              |                           |                      |                           |                      |           |              |   |          |
| VTE  | 4 <sup>4-6, 13</sup> | Case control | Serious <sup>a,f</sup>    | Serious <sup>h</sup> | Serious <sup>c</sup>      | Not serious          | 22,535    | 109,210      | OR range 2.2-3.0, 3 studies statistically significant | Very low |
| Stroke   | 1 <sup>13</sup>      | Case control | Serious <sup>a,f</sup>    | Not serious          | Very serious <sup>b</sup> | Not serious          | 1,799     | 5,264        | OR 0.9, not statistically significant                 | Very low |
| AMI  | 1 <sup>13</sup>      | Case control | Serious <sup>a,f</sup>    | Not serious          | Very serious <sup>b</sup> | Not serious          | 260       | 802          | OR 0.7, not statistically significant                 | Very low |
| <b>DMPA use among smokers vs. non-use among non-smokers</b>    |                      |              |                           |                      |                           |                      |           |              |   |          |
| VTE  | 1 <sup>13</sup>      | Case control | Serious <sup>a,f</sup>    | Not serious          | Very serious <sup>b</sup> | Serious <sup>i</sup> | 354       | 1,315        | OR 7.0, not statistically significant                 | Very low |
| <b>DMPA use vs. non-use among women with history of VTE</b>    |                      |              |                           |                      |                           |                      |           |              |   |          |
| VTE  | 1 <sup>8</sup>       | Cohort       | Very serious <sup>d</sup> | Not serious          | Very serious <sup>b</sup> | Not serious          | 5         | 37           | Incidence: 0% (DMPA) vs. 13.5% (non-use)              | Very low |
| <b>DMPA use vs. non-use among postpartum women</b>             |                      |              |                           |                      |                           |                      |           |              |   |          |

|   |                              |              |                               |                      |                           |             |            |               |   |          |
|---|------------------------------|--------------|-------------------------------|----------------------|---------------------------|-------------|------------|---------------|---|----------|
| VTE   | 1 <sup>14</sup>              | Cohort       | Serious <sup>a</sup>          | Not serious          | Not serious               | Not serious | 11,159     | 3,102,011     | RR 1.9, statistically significant   | Low      |
| <b>DMPA use vs. non-use among women with diabetes</b>                       |                              |              |                               |                      |                           |             |            |               |   |          |
| VTE or ATE  | 1 <sup>12</sup>              | Cohort       | Serious <sup>a</sup>          | Not serious          | Not serious               | Not serious | 2,266      | 2,730         | RR 4.7, statistically significant   | Low      |
| <b>DMPA use vs. non-use among women with lupus</b>                          |                              |              |                               |                      |                           |             |            |               |   |          |
| PE  | 1 <sup>15</sup>              | Cohort       | Very serious <sup>d,j,k</sup> | Not serious          | Very serious <sup>b</sup> | Not serious | 10         | 18            | Incidence: 0% (DMPA) vs 5.6% (non-use)  | Very low |
| AMI   | 1 <sup>15</sup>              | Cohort       | Very serious <sup>d,j,k</sup> | Not serious          | Very serious <sup>b</sup> | Not serious | 10         | 18            | Incidence: 10% (DMPA) vs 0% (non-use)   | Very low |
| <b>POPs</b>   |                              |              |                               |                      |                           |             |            |               |   |          |
| <b>POP use vs. non-use among women in general population</b>                |                              |              |                               |                      |                           |             |            |               |   |          |
| VTE   | 2 <sup>1, 2</sup>            | Cohort       | Serious <sup>a</sup>          | Not serious          | Very serious <sup>b</sup> | Not serious | 148,219 WY | 24,309,944 WY | RR range 0.6-1.1, not statistically significant   | Very low |
| VTE   | 7 <sup>5, 6, 13, 16-19</sup> | Case control | Very serious <sup>j</sup>     | Serious <sup>h</sup> | Serious <sup>c</sup>      | Not serious | 23,148     | 117,649       | OR range 0.6-2.6, not statistically significant   | Very low |
| Stroke  | 1 <sup>7</sup>               | Cohort       | Serious <sup>a</sup>          | Not serious          | Very serious <sup>b</sup> | Not serious | 257,622 WY | 28,009,986 WY | RR (by POP type) range 0.4-1.4, not statistically significant   | Very low |
| Stroke  | 5 <sup>13, 18, 20-22</sup>   | Case control | Very serious <sup>j,k</sup>   | Not serious          | Very serious <sup>b</sup> | Not serious | 2,398      | 8,768         | OR range 0.9-1.6, not statistically significant   | Very low |
| AMI   | 1 <sup>7</sup>               | Cohort       | Serious <sup>a</sup>          | Not serious          | Very serious <sup>b</sup> | Not serious | 123,619 WY | 28,009,986 WY | RR (by POP type) range 0.8-1.5, not statistically significant<br>Incidence/100,000 WY: 0 (POP) vs. 13.2 (non-use) | Very low |
| AMI   | 4 <sup>13, 18, 23, 24</sup>  | Case control | Very serious <sup>d,k</sup>   | Not serious          | Very serious <sup>b</sup> | Not serious | 861        | 2,949         | OR range 0.9-1.5, not statistically significant<br>20% (POP) vs. 31.6% (non-use)                                  | Very low |
| <b>POP use vs. non-use among women with thrombophilia or history of VTE</b> |                              |              |                               |                      |                           |             |            |               |   |          |

|   |                        |              |                             |                           |                           |                      |       |       |  |          |
|---|------------------------|--------------|-----------------------------|---------------------------|---------------------------|----------------------|-------|-------|--|----------|
| VTE   | 3 <sup>8, 25, 26</sup> | Cohort       | Very serious <sup>d,k</sup> | Not serious               | Very serious <sup>b</sup> | Not serious          | 154   | 265   | RR range 0.8-1.3, not statistically significant<br>Incidence: 5.6% (POP) vs. 13.5% (non-use) | Very low |
| <b>POP use among women with HTN vs. non-use among women without HTN</b> |                        |              |                             |                           |                           |                      |       |       |  |          |
| VTE   | 2 <sup>13, 18</sup>    | Case control | Serious <sup>a,f</sup>      | Not serious               | Very serious <sup>b</sup> | Serious <sup>i</sup> | 595   | 2,933 | OR range 1.2-2.3, not statistically significant  | Very low |
| Stroke  | 2 <sup>13, 18</sup>    | Case control | Serious <sup>a,f</sup>      | Very serious <sup>l</sup> | Serious <sup>c</sup>      | Serious <sup>i</sup> | 1,267 | 5,272 | OR 10.9, statistically significant<br>No strokes in POP users                                | Very low |
| AMI   | 2 <sup>13, 18</sup>    | Case control | Serious <sup>a,f</sup>      | Not serious               | Very serious <sup>b</sup> | Serious <sup>i</sup> | 256   | 1,164 | OR range 0.8-1.9, not statistically significant  | Very low |
| <b>POP use vs. non-use among smokers</b>                                |                        |              |                             |                           |                           |                      |       |       |  |          |
| AMI   | 1 <sup>27</sup>        | Case control | Very serious <sup>d</sup>   | Not serious               | Very serious <sup>b</sup> | Not serious          | 592   | 2,711 | Incidence: 50% (POP) vs. 17.9% (non-use)   | Very low |
| <b>POP use among smokers vs. non-use among non-smokers</b>              |                        |              |                             |                           |                           |                      |       |       |  |          |
| VTE   | 2 <sup>13, 18</sup>    | Case control | Serious <sup>a,f</sup>      | Not serious               | Very serious <sup>b</sup> | Serious <sup>i</sup> | 439   | 2,171 | OR range 0.95-2.4, not statistically significant   | Very low |
| Stroke  | 2 <sup>13, 18</sup>    | Case control | Serious <sup>a,f</sup>      | Serious <sup>h</sup>      | Very serious <sup>b</sup> | Serious <sup>i</sup> | 1,358 | 4,386 | OR 2.5, not statistically significant<br>Incidence: 50% (POP) vs. 27% (non-use)              | Very low |
| AMI   | 2 <sup>13, 18</sup>    | Case control | Serious <sup>a,f</sup>      | Serious <sup>h</sup>      | Very serious <sup>b</sup> | Serious <sup>i</sup> | 140   | 872   | OR range 7.2-10.4, 1 study statistically significant   | Very low |
| <b>POP use vs. non-use among women with diabetes</b>                    |                        |              |                             |                           |                           |                      |       |       |  |          |
| VTE or ATE  | 1 <sup>12</sup>        | Cohort       | Serious <sup>a,g</sup>      | Not serious               | Not serious               | Not serious          | 3,306 | 2,730 | RR 3.69, statistically significant   | Low      |
| <b>POP use vs. non-use among women with lupus</b>                       |                        |              |                             |                           |                           |                      |       |       |  |          |

|   |                        |              |                               |             |                           |                      |        |         |  |          |
|---|------------------------|--------------|-------------------------------|-------------|---------------------------|----------------------|--------|---------|--|----------|
| PE  | 1 <sup>15</sup>        | Cohort       | Very serious <sup>d,j,k</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 15     | 18      | Incidence 6.7% (POP) vs 5.6% (non-use)   | Very low |
| AMI   | 1 <sup>15</sup>        | Cohort       | Very serious <sup>d,j,k</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 15     | 18      | 0 AMI in POP users   | Very low |
| <b>POC (combined, unspecified, or non-contraceptive formulations)</b>                             |                        |              |                               |             |                           |                      |        |         |  |          |
| <b>POC use vs. non-use among women in general population</b>                                      |                        |              |                               |             |                           |                      |        |         |  |          |
| VTE   | 3 <sup>28-30</sup>     | Case control | Very serious <sup>i</sup>     | Not serious | Very serious <sup>b</sup> | Not serious          | 63,113 | 315,720 | OR range 0.98-1.3, not statistically significant   | Very low |
| <b>POC use among women with FVL mutation vs. non-use among women without FVL mutation</b>         |                        |              |                               |             |                           |                      |        |         |  |          |
| VTE   | 1 <sup>5</sup>         | Case control | Very serious <sup>i</sup>     | Not serious | Not serious               | Serious <sup>i</sup> | 413    | 534     | OR 5.4, statistically significant  | Very low |
| <b>POC use among women with PT gene mutation vs. non-use among women without PT gene mutation</b> |                        |              |                               |             |                           |                      |        |         |  |          |
| VTE   | 1 <sup>5</sup>         | Case control | Very serious <sup>i</sup>     | Not serious | Very serious <sup>b</sup> | Serious <sup>i</sup> | 465    | 566     | OR 0.7, not statistically significant  | Very low |
| <b>POC use vs. non-use among women with history of VTE</b>  |                        |              |                               |             |                           |                      |        |         |  |          |
| VTE   | 3 <sup>9, 31, 32</sup> | Cohort       | Very serious <sup>i</sup>     | Not serious | Very serious <sup>b</sup> | Serious              | 392    | 1,749   | RR range 0.6-3.6, not statistically significant<br>Incidence density/yr: 3.8% (POC) vs. 4.7% (non-use) | Very low |
| <b>POC use vs. non-use among women with diabetes</b>  |                        |              |                               |             |                           |                      |        |         |  |          |
| VTE or ATE  | 1 <sup>12</sup>        | Cohort       | Very serious <sup>i</sup>     | Not serious | Serious <sup>c</sup>      | Not serious          | 8,250  | 139,358 | Women <35 RR 2.02, statistically significant<br>Women ≥35 RR 1.33 (not statistically significant)      | Low      |

AMI, acute myocardial infarction; ATE, arterial thromboembolism; DMPA, depot medroxyprogesterone acetate; FVL, Factor V Leiden; HTN, hypertension; IUD, intrauterine device; LNG, levonorgestrel; MPA, medroxyprogesterone acetate; OR, odds ratio; PE, pulmonary embolism; POC, progestin-only contraception; POPs, progestin-only pills; PT, prothrombin gene mutation; RR, relative risk; VTE, venous thromboembolism; WY, women-years.

#### Footnotes

<sup>a</sup>Risk of bias considered serious because of concern for information bias.

<sup>b</sup>Imprecision considered very serious because of very wide confidence intervals.

<sup>c</sup>Imprecision considered serious because of wide confidence intervals.

<sup>d</sup>Risk of bias considered very serious because of concern for confounding.

<sup>e</sup>Number not reported in 1 study <sup>9</sup>.

<sup>f</sup>Risk of bias considered serious because of concern for selection bias.

<sup>g</sup>Risk of bias considered serious because of concern for confounding.

<sup>h</sup>Inconsistency considered serious because of varying results between studies.

<sup>i</sup>Indirectness considered serious because analyses compared users with thrombogenic conditions to non-users without thrombogenic conditions.

<sup>j</sup>Risk of bias considered very serious because of concern for information bias.

<sup>k</sup>Risk of bias considered very serious because of concern for selection bias.

<sup>l</sup>Inconsistency considered very serious because of major differences in results between studies.

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## 2. Risk of thrombosis among those with obesity using combined hormonal contraception.

**Systematic review question: Among those with obesity using combined hormonal contraception, is there an increased risk of arterial thrombosis or venous thromboembolism compared to no, non-hormonal, or other contraception?** This table is based on Snyder EM, Curtis KM, Nguyen AT, Belay B, Kortsmitt K, Folger S, Whiteman, MK. Combined hormonal contraceptive use and risk for thrombosis among women with obesity: A systematic review. Contraception 2024: in preparation.

| Outcome                            | Number of studies | Study design | Risk of bias              | Inconsistency        | Imprecision          | Indirectness | Number of patients: exposed or cases | Number of patients: comparison or controls | Effect  | Certainty |
|------------------------------------|-------------------|--------------|---------------------------|----------------------|----------------------|--------------|--------------------------------------|--|---|-----------|
| <b>Acute myocardial infarction</b> |                   |              |                           |                      |                      |              |                                      |  |   |           |
| AMI                                | 2 <sup>1,2</sup>  | Case-control | Serious <sup>a</sup>      | Serious <sup>b</sup> | Serious <sup>c</sup> | Not serious  | 516                                  | 1,916                                      | Increased risk with COC and high BMI (1 study); no difference (1 study) | Low       |
| <b>Stroke</b>                      |                   |              |                           |                      |                      |              |                                      |  |   |           |
| Ischemic stroke                    | 2 <sup>3,4</sup>  | Case-control | Serious <sup>a</sup>      | Serious <sup>b</sup> | Serious <sup>c</sup> | Not serious  | 374                                  | 2,116                                      | Increased risk with COC and high BMI (1 study); no difference (1 study) | Low       |
| Hemorrhagic stroke                 | 1 <sup>3</sup>    | Case-control | Serious <sup>a</sup>      | Not serious          | Serious <sup>c</sup> | Not serious  | 193                                  | 1,191                                      | No increased risk with COC and high BMI                                 | Low       |
| <b>Cerebral venous thrombosis</b>  |                   |              |                           |                      |                      |              |                                      |  |   |           |
| CVT                                | 1 <sup>5</sup>    | Case-control | Very serious <sup>d</sup> | Not serious          | Serious <sup>c</sup> | Not serious  | 129                                  | 3,148                                      | Increased risk with COC and high BMI                                    | Very low  |
| <b>Venous thromboembolism</b>      |                   |              |                           |                      |                      |              |                                      |  |   |           |
| BMI                                | 9 <sup>6-13</sup> | Case-control | Serious <sup>e</sup>      | Not serious          | Serious <sup>c</sup> | Not serious  | 3,626                                | 6,054                                      | Increased risk with COC and high BMI                                    | Low       |
| BMI                                | 1 <sup>14</sup>   | Cohort       | Serious <sup>f</sup>      | Not serious          | Serious <sup>c</sup> | Not serious  | NR                                   | NR   | Increased risk with COC and high BMI                                    | Low       |
| Obesity (ICD-10 code)              | 1 <sup>15</sup>   | Case-control | Very serious <sup>g</sup> | Not serious          | Serious <sup>c</sup> | Not serious  | 1,166                                | 11,660                                     | Increased risk with COC and high BMI                                    | Very low  |
| Obesity (ICD-10 code)              | 1 <sup>16</sup>   | Cohort       | Very serious <sup>g</sup> | Not serious          | Serious <sup>c</sup> | Not serious  | 16,304                               | 47,861                                     | Increased risk with COC and high BMI                                    | Very low  |

AMI, acute myocardial infarction; BMI, body mass index; COC, combined oral contraception; CVT, cerebral venous thrombosis; NR, not reported.

### Footnotes

<sup>a</sup>Risk of bias is considered serious due to the BMI being self-reported with height and weight.

<sup>b</sup>Inconsistency is considered serious due differing direction of findings between studies.

<sup>c</sup>Imprecision is considered serious due to the small number of events and wide confidence intervals.

<sup>d</sup>Risk of bias is considered very serious due to BMI being self-reported with 37% missing data and unclear measurement of COC use.

<sup>e</sup>Risk of bias is considered serious due to BMI being self-reported, lack of validation of COC use, and missing data.

<sup>f</sup>Risk of bias is considered serious due to lack of validation of exposure measurement and self-report of covariates.

<sup>g</sup>Risk of bias is considered very serious due to measurement of obesity through ICD-10 codes.

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3. Risk of thrombosis, bleeding complications, and drug-drug interactions among those on anticoagulant therapy and using hormonal contraception. Systematic review question: Among those on anticoagulant therapy and using contraception, is there an increased risk of arterial thrombosis or venous thromboembolism, bleeding complications, or drug-drug interactions compared to no, non-hormonal, or other contraception? This table is based on Nguyen AT, Tepper NK, Gold H, Ramer S, Curtis KM, Whiteman MK. Safety of contraception among people using anticoagulant therapy: an updated systematic review. Contraception 2024: in preparation.

| Outcome                                       | Number of studies | Study design | Risk of bias              | Inconsistency | Imprecision               | Indirectness | Number of patients: exposed or cases | Number of patients: unexposed or controls | Effect   | Certainty |
|---|-------------------|--------------|---------------------------|---------------|---------------------------|--------------|--------------------------------------|---|--|-----------|
| <b>Cu-IUD vs. no method</b>                   |                   |              |                           |               |                           |              |                                      |   |  |           |
| Hemoglobin                                    | 1 <sup>1</sup>    | Cohort       | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 34                                   | 25  | 18 mos<br>11.4 (Cu-IUD) vs. 12.5 (comparison),<br>p>0.05   | Very low  |
| Heavy bleeding                                | 2 <sup>1,2</sup>  | Cohort       | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 43                                   | 123                                       | 18 mos<br>58.8% (Cu-IUD) vs 38.4%<br>(comparison)<br>3 mos<br>11.1% (Cu-IUD) vs 0 (comparison)       | Very low  |
| <b>Cu-IUD vs. LNG-IUD</b>                     |                   |              |                           |               |                           |              |                                      |   |  |           |
| Heavy bleeding                                | 1 <sup>3</sup>    | Cohort       | Very serious <sup>c</sup> | Not serious   | Not serious               | Not serious  | 27                                   | 176                                       | 30 days<br>25.9% (Cu-IUD) vs. 11.4% (LNG-IUD),<br>p=0.04   | Very low  |
| <b>LNG-IUD vs. non-hormonal use/no method</b> |                   |              |                           |               |                           |              |                                      |   |  |           |
| Recurrent VTE                                 | 1 <sup>4</sup>    | Cohort       | Very serious <sup>d</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | NR                                   | 1,413                                     | Incidence density %/year<br>0 (0.0-24.0) (LNG-IUD) vs. 4.7 (3.3-6.4) (comparison)                    | Very low  |
| Heavy bleeding                                | 1 <sup>4</sup>    | Cohort       | Very serious <sup>d</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | NR                                   | 1,413                                     | Incidence density %/year<br>14.3 (1.7-51.5) (LNG-IUD) vs 21.4<br>(18-25.1) (comparison)              | Very low  |
| Hemoglobin                                    | 1 <sup>5</sup>    | RCT          | Serious <sup>e</sup>      | Not serious   | Not serious               | Not serious  | 20                                   | 20  | Baseline, 6 mos<br>LNG-IUD: 10.3±0.8, 12.1±0.7, p<0.05;<br>Comparison: 10.1±0.9, 10.0±0.8,<br>p>0.05 | Moderate  |
| Mean bleeding days/month                      | 1 <sup>5</sup>    | RCT          | Serious <sup>e</sup>      | Not serious   | Not serious               | Not serious  | 20                                   | 20  | Baseline, 6 mos<br>LNG-IUD: 6.8±1.2, 2.0±0.7, p<0.05;<br>comparison: 6.9±1.0, 6.9±1.0, p>0.05        | Moderate  |
| <b>Implant vs. no method</b>                  |                   |              |                           |               |                           |              |                                      |   |  |           |

|   |                  |            |                           |             |                           |                      |     |       |  |          |
|---|------------------|------------|---------------------------|-------------|---------------------------|----------------------|-----|-------|--|----------|
| Heavy bleeding  | 1 <sup>2</sup>   | Cohort     | Very serious <sup>f</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 17  | 98    | 3 mos<br>11.7% (Cu-IUD) vs. 0% (comparison)  | Very low |
| <b>DMPA vs. no method</b>   |                  |            |                           |             |                           |                      |     |       |  |          |
| Heavy bleeding  | 1 <sup>2</sup>   | Cohort     | Very serious <sup>f</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 23  | 98    | 3 mos<br>0 in both groups  | Very low |
| <b>POC (combined or unspecified) vs. non-hormonal</b>                 |                  |            |                           |             |                           |                      |     |       |  |          |
| Recurrent VTE   | 2 <sup>4,6</sup> | Cohort     | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 220 | 1,418 | Incidence density %/year<br>3.8 (0.8-11.23) (POC) vs. 4.7 (3.3-6.4) (comparison)<br>No recurrent VTE in either group | Very low |
| Heavy bleeding  | 1 <sup>4</sup>   | Cohort     | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 217 | 1,413 | Incidence density %/year<br>13.3 (6.1-25.1) (POC) vs. 21.4 (18.1-25.1) (comparison)                                  | Very low |
| <b>COC vs. non-hormonal</b>   |                  |            |                           |             |                           |                      |     |       |  |          |
| Recurrent VTE   | 1 <sup>6</sup>   | Cohort     | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 3   | 5     | No recurrent VTE in either group   | Very low |
| Prothrombin time ratio  | 1 <sup>7</sup>   | Cross-over | Very serious <sup>g</sup> | Not serious | Not serious               | Serious <sup>h</sup> | 12  | 12    | 1.7±0.1 (COC) vs. 1.5±0.1 (comparison), p<0.01   | Very low |
| Heparin concentration   | 1 <sup>8</sup>   | Cohort     | Serious <sup>i</sup>      | Not serious | Very serious <sup>b</sup> | Serious <sup>h</sup> | 9   | 9     | 0.209 (COC) vs. 0.216 (comparison), not significant  | Very low |
| <b>Estrogen-containing (combined or unspecified) vs. non-hormonal</b> |                  |            |                           |             |                           |                      |     |       |  |          |
| Recurrent VTE   | 1 <sup>4</sup>   | Cohort     | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 306 | 1,413 | Incidence density %/year<br>4.0 (1.1-10.2) (estrogen) vs. 4.7 (3.3-6.4) (comparison)                                 | Very low |
| Heavy bleeding  | 1 <sup>4</sup>   | Cohort     | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious          | 306 | 1,413 | Incidence density %/year<br>31.3 (20.7-45.0) (estrogen) vs. 21.4 (18.1-25.1) (comparison)                            | Very low |

COC, combined oral contraception; Cu, copper; DMPA, depot medroxyprogesterone acetate; IUD, intrauterine device; LNG, levonorgestrel; NR, not reported; OR, odds ratio; POC, progestin-only contraception; POP, progestin-only pill; RCT, randomized clinical trial; SD, standard deviation; VTE, venous thromboembolism.

#### Footnotes:

<sup>a</sup>Risk of bias considered very serious due to selection bias, information bias, and confounding.

<sup>b</sup>Imprecision considered very serious due to small numbers, no power calculations, or wide confidence intervals with no statistically significant results.

<sup>c</sup>Risk of bias considered very serious due to information bias.

<sup>d</sup>Risk of bias considered very serious due to confounding.

<sup>e</sup>Risk of bias considered serious due to selection bias.

<sup>f</sup>Risk of bias considered very serious due to information bias and confounding.

<sup>g</sup>Risk of bias considered very serious due to intersubjective variability.

<sup>h</sup>Indirectness considered serious due to reporting of laboratory markers without clinical outcomes.

<sup>i</sup>Risk of bias considered serious due to concerns about design, sample size, exposure, intersubjective variability, population, and steady state of perpetrator drug.

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4. Risk of thrombosis among those with thrombophilia using hormonal contraception.

**Systematic review question: Among those with thrombophilia using hormonal contraception, is there an increased risk of arterial thrombosis or venous thromboembolism compared to no or non-hormonal contraception?** This table is based on Tepper NK, Nguyen A, Curtis KM, Baumhart C, Schieve L, Whiteman MK. Safety of hormonal contraception among women with thrombophilia: An updated systematic review. Contraception 2024: in preparation.

| Outcome   | Number of studies           | Study design | Risk of bias              | Inconsistency        | Imprecision               | Indirectness         | Number of patients: exposed or cases | Number of patients: unexposed or controls | Effect   | Certainty |
|---|-----------------------------|--------------|---------------------------|----------------------|---------------------------|----------------------|--------------------------------------|---|--|-----------|
| <b>Factor V Leiden mutation</b>   |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| <b>OC (presumed mostly COC) use (with mutation) vs. non-use (with mutation)</b>                   |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| VTE   | 2 <sup>1,2</sup>            | Case control | Very serious <sup>a</sup> | Serious <sup>b</sup> | Very serious <sup>c</sup> | Not serious          | 52                                   | 43  | OR range 5.0-6.5, 1 study statistically significant; Incidence: 28.5% vs. 5.7% | Very low  |
| <b>CHC (mostly COC or OC type unspecified) use (with mutation) vs. non-use (without mutation)</b> |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| VTE   | 10 <sup>1,3-11</sup>        | Case control | Very serious <sup>d</sup> | Not serious          | Very serious <sup>c</sup> | Serious <sup>e</sup> | 1,239 <sup>f</sup>                   | 2,320 <sup>f</sup>                        | OR range 10.2-64.7, all statistically significant                              | Very low  |
| Stroke  | 2 <sup>12,13</sup>          | Case control | Very serious <sup>g</sup> | Not serious          | Very serious <sup>c</sup> | Serious <sup>e</sup> | 95 <sup>h</sup>                      | 479 <sup>h</sup>                          | OR range 11.2-12.9, all statistically significant                              | Very low  |
| <b>POC (with mutation) vs. non-use (without mutation)</b>   |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| VTE   | 1 <sup>4</sup>              | Case control | Serious <sup>i</sup>      | Not serious          | Serious <sup>j</sup>      | Serious <sup>e</sup> | 413                                  | 534                                       | OR 5.4, statistically significant  | Very low  |
| <b>Prothrombin gene mutation</b>  |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| <b>OC (presumed mostly COC) use (with mutation) vs. non-use (with mutation)</b>                   |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| VTE or ATE  | 1 <sup>14</sup>             | Case control | Very serious <sup>d</sup> | Not serious          | Very serious <sup>c</sup> | Not serious          | 32                                   | 108                                       | OR 4.7, statistically significant  | Very low  |
| <b>CHC (mostly COC or OC type unspecified) use (with mutation) vs. non-use (without mutation)</b> |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| VTE   | 9 <sup>4-6,8-11,15,16</sup> | Case control | Very serious <sup>d</sup> | Not serious          | Very serious <sup>c</sup> | Serious <sup>e</sup> | 1,076 <sup>k</sup>                   | 2,214 <sup>k</sup>                        | OR range 5.1-149.3, 8 studies statistically significant                        | Very low  |
| Stroke  | 1 <sup>12</sup>             | Case control | Very serious <sup>g</sup> | Not serious          | Very serious <sup>c</sup> | Serious <sup>e</sup> | NR                                   | NR  | OR 3.1, not statistically significant  | Very low  |
| <b>POC (with mutation) vs. non-use (without mutation)</b>   |                             |              |                           |                      |                           |                      |                                      |   |  |           |
| VTE   | 1 <sup>4</sup>              | Case control | Serious <sup>i</sup>      | Not serious          | Serious <sup>j</sup>      | Serious <sup>e</sup> | 465                                  | 566                                       | OR 0.7, not statistically significant  | Very low  |



| <b>Antithrombin deficiency</b>  |                     |              |                           |                      |                           |                      |                  |                  |   |          |
|---|---------------------|--------------|---------------------------|----------------------|---------------------------|----------------------|------------------|------------------|---|----------|
| <b>CHC (mostly COC or OC type unspecified) use (with mutation) vs. non-use (without mutation)</b> |                     |              |                           |                      |                           |                      |                  |                  |   |          |
| VTE   | 2 <sup>17, 18</sup> | Cohort       | Very serious <sup>d</sup> | Not serious          | Very serious <sup>c</sup> | Serious <sup>e</sup> | 26               | 37               | Incidence: (per pt year)<br>27.5% vs. 3.4%; 5.14% vs. 1.77%     | Very low |
| <b>Protein C deficiency</b>   |                     |              |                           |                      |                           |                      |                  |                  |   |          |
| <b>CHC (mostly COC or OC type unspecified) use (with mutation) vs. non-use (without mutation)</b> |                     |              |                           |                      |                           |                      |                  |                  |   |          |
| VTE   | 2 <sup>17, 18</sup> | Cohort       | Very serious <sup>d</sup> | Not serious          | Very serious <sup>c</sup> | Serious <sup>e</sup> | 40               | 30               | Incidence: (per pt year)<br>11.95% vs. 6.9%;<br>7.06% vs. 2.23% | Very low |
| <b>Protein S deficiency</b>   |                     |              |                           |                      |                           |                      |                  |                  |   |          |
| <b>CHC (mostly COC or OC type unspecified) use (with mutation) vs. non-use (without mutation)</b> |                     |              |                           |                      |                           |                      |                  |                  |   |          |
| VTE   | 2 <sup>17, 18</sup> | Cohort       | Very serious <sup>d</sup> | Serious <sup>b</sup> | Very serious <sup>c</sup> | Serious <sup>e</sup> | 38               | 26               | Incidence: (per pt year)<br>6.5% vs. 8.6%;<br>2.42% vs. 0.46%   | Very low |
| <b>Factor V Leiden and prothrombin gene mutations</b>   |                     |              |                           |                      |                           |                      |                  |                  |   |          |
| <b>CHC (mostly COC or OC type unspecified) use (with mutation) vs. non-use (without mutation)</b> |                     |              |                           |                      |                           |                      |                  |                  |   |          |
| VTE   | 2 <sup>5, 8</sup>   | Case control | Very serious <sup>d</sup> | Not serious          | Very serious <sup>c</sup> | Serious <sup>e</sup> | 125 <sup>l</sup> | 445 <sup>l</sup> | OR range 16.97-86.5, all statistically significant              | Very low |

ATE, arterial thromboembolism; CHC, combined hormonal contraception; COC, combined oral contraception; MI, myocardial infarction; NR, not reported; OC, oral contraception; OR, odds ratio; POC, progestin-only contraception; VTE, venous thromboembolism.

### Footnotes

<sup>a</sup>Risk of bias considered very serious due to selection and information biases.

<sup>b</sup>Inconsistency considered serious due to varying results among studies.

<sup>c</sup>Imprecision considered very serious due to small numbers and no power calculations.

<sup>d</sup>Risk of bias considered very serious due to selection bias, information bias, and confounding.

<sup>e</sup>Indirectness considered serious because analyses compared users with thrombophilia to non-users without thrombophilia.

<sup>f</sup>Number of patients not reported in 4 studies <sup>1, 5, 7, 9</sup>.

<sup>g</sup>Risk of bias considered very serious due to information bias.

<sup>h</sup>Number of patients not reported in 1 study <sup>12</sup>.

<sup>i</sup>Risk of bias considered serious due to information bias.

<sup>j</sup>Imprecision considered serious due to lack of power calculations.

<sup>k</sup>Number of patients not reported in 3 studies <sup>5, 9, 16</sup>.

<sup>l</sup>Number of patients not reported in 1 study <sup>5</sup>.

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5. **Risk of worsening kidney disease, hypertension, thrombosis, adverse events, or reduced contraceptive effectiveness among those with chronic kidney disease using contraception.**

**Systematic review question: Among those with chronic kidney disease using contraception, is there a risk of worsening kidney disease, hypertension, thrombosis, adverse events, or reduced contraceptive effectiveness compared to no, non-hormonal, or other contraception?** This table is based on Kortsmits K, Nguyen AT, Curtis KM, Burgner A, Folger S, Whiteman MK. Safety and effectiveness of contraception among women with chronic kidney disease: A systematic review. Contraception 2024: in preparation.

| Outcome  | Number of studies | Study design           | Risk of bias              | Inconsistency | Imprecision               | Indirectness              | Number of patients: treatment | Number of patients: comparison | Effect  | Certainty |
|--|-------------------|------------------------|---------------------------|---------------|---------------------------|---------------------------|-------------------------------|--------------------------------|---|-----------|
| <b>OC use vs. none</b>   |                   |                        |                           |               |                           |                           |                               |                                |   |           |
| Development of HTN with PKD1   | 1 <sup>1</sup>    | Cohort                 | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Serious <sup>c</sup>      | 33                            | 21                             | RR (95% CI): 1.2 (0.5 to 3.0)   | Very Low  |
| Development of HTN with PKD2   | 1 <sup>1</sup>    | Cohort                 | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Serious <sup>c</sup>      | 7                             | 13                             | RR (95% CI): 1.3 (0.4 to 4.0)   | Very Low  |
| Development of ESRD with PKD1  | 1 <sup>1</sup>    | Cohort                 | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Serious <sup>c</sup>      | 33                            | 21                             | RR (95% CI): 1.05 (0.31 to 3.62)  | Very Low  |
| <b>Peritoneal dialysis vs. healthy participants</b>                                      |                   |                        |                           |               |                           |                           |                               |                                |   |           |
| Blood pressure changes with COC use  | 1 <sup>2</sup>    | Non-comparative cohort | Very serious <sup>d</sup> | Not serious   | Very serious <sup>e</sup> | Not serious               | 5                             | NA                             | No significant differences  | Very Low  |
| EE levels  | 1 <sup>2</sup>    | NRCT                   | Serious <sup>f</sup>      | Not serious   | Very serious <sup>g</sup> | Very serious <sup>h</sup> | 5                             | 5                              | Higher concentrations in peritoneal dialysis group compared with healthy population | Very Low  |
| Norethindrone levels   | 1 <sup>2</sup>    | NRCT                   | Serious <sup>f</sup>      | Not serious   | Very serious <sup>g</sup> | Very serious <sup>h</sup> | 5                             | 5                              | No significant differences  | Very Low  |
| <b>Drospirenone use by renal function (normal, mild impairment, moderate impairment)</b> |                   |                        |                           |               |                           |                           |                               |                                |   |           |

|                        |                |      |                           |             |                           |                           |   |                          |  |          |
|------------------------|----------------|------|---------------------------|-------------|---------------------------|---------------------------|---|--------------------------|--|----------|
| Serum potassium levels | 1 <sup>3</sup> | NRCT | Very serious <sup>i</sup> | Not serious | Very serious <sup>g</sup> | Very serious <sup>h</sup> | 10 mild renal impairment; 7 moderate renal impairment | 11 normal renal function | Normal renal function mean difference ± SD: -0.10 ± 0.22; Mild renal impairment mean difference ± SD: -0.20 ± 0.23; Moderate renal impairment mean difference ± SD: -0.10 ± 0.32 | Very Low |
| Drospirenone levels    | 1 <sup>3</sup> | NRCT | Serious <sup>i</sup>      | Not serious | Very serious <sup>g</sup> | Very serious <sup>h</sup> | 10 mild renal impairment; 7 moderate renal impairment | 11 normal renal function | AUC <sub>0-24</sub> ng*h/mL)<br>Normal function: 549<br>Mild impairment: 573<br>Moderate impairment: 751   | Very low |

CI, confidence interval; COC, combined oral contraception; EE, ethinyl estradiol; ESRD, end stage renal disease; HTN, hypertension; NA, not applicable; NRCT, non-randomized clinical trial; OC, oral contraception; PKD, polycystic kidney disease; RR, risk ratio; SD, standard deviation.

#### Footnotes

<sup>a</sup>Risk of bias is considered very serious due to <80% response rate, serious differences between those who participated and those lost to follow-up; not reported how data on oral contraceptive pills was collected; unclear how covariate data was collected and was not accounted for in analyses; variability in age at entry into study.

<sup>b</sup>Imprecision is considered very serious due to the small sample size and wide CI.

<sup>c</sup>Indirectness is considered serious due to the study population having unknown kidney function.

<sup>d</sup>Risk of bias is considered very serious due to <80% response rate; unclear how covariate data was collected and was not accounted for in analyses; variability in disease state requiring peritoneal dialysis.

<sup>e</sup>Imprecision is considered very serious due to the small sample size and lack of comparison group.

<sup>f</sup>Risk of bias is considered serious due to the study design (due to use of a parallel rather than cross-over design), large intersubject variability, and concerns about the study population (due to a wide age range or variability of disease severity).

<sup>g</sup>Imprecision is considered very serious due to the small sample size and large standard deviation or coefficient of variation.

<sup>h</sup>Indirectness is considered very serious due to the use of pharmacokinetic outcomes as proxy measures of potential clinical outcomes.

Risk of bias is considered very serious due to <80% response rate, serious differences between those who participated and those who did not; did control for covariates in analyses; large degree of variability in age; postmenopausal status was assessed; short follow-up; crude estimates of confounding variables.

Risk of bias is considered serious due to the study design (due to use of a parallel rather than cross-over design), large intersubject variability, and concerns about the study population (due to a wide age range or variability of disease severity).

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6. Risk of worsening viral hepatitis or cirrhosis\* among those with liver disease using hormonal contraception.

**Systematic review question: Among those with liver disease using hormonal contraception, is there a risk of worsening liver disease compared to no, non-hormonal, or other contraception?** This table is based on Kapp N, Tepper NK, Nguyen AT, Garbarino S, Kortsmitt K, Curtis KM, Whiteman MK. Safety of hormonal contraception among women with liver disease: A systematic review. Contraception 2024; in preparation.

| Outcome                                 | Number of studies | Study design           | Risk of bias              | Inconsistency | Imprecision               | Indirectness | Number of patients: exposed | Number of patients: comparison | Effect  | Certainty |
|---|-------------------|------------------------|---------------------------|---------------|---------------------------|--------------|-----------------------------|--------------------------------|---|-----------|
| <b>COC users with chronic hepatitis</b> |                   |                        |                           |               |                           |              |                             |                                |   |           |
| Changes in serum transaminase           | 1 <sup>1</sup>    | Non-comparative cohort | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 10                          | NA                             | All participants after 4 weeks had normal transaminase levels; few mild elevations prior to end of first month of use | Very low  |
| <b>Hepatitis: COC use** vs. non-use</b> |                   |                        |                           |               |                           |              |                             |                                |   |           |
| Changes in AST/ALT                      | 2 <sup>2,3</sup>  | Non-randomized trial   | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 112                         | 115                            | No differences between groups in either study (p>0.05)  | Very low  |
| Hospitalization                         | 1 <sup>2</sup>    | Comparative cohort     | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 34                          | 34                             | Hospitalization days: 12.2 for COC group vs. 12.4 for non-COC group (p=0.92)  | Very low  |
| Necro-inflammatory activity             | 1 <sup>4</sup>    | Comparative cohort     | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 105                         | 52                             | Grade of necroinflammatory activity: 1.18 vs. 1.18 (not significant, p-value NR)                                      | Very low  |
| Mean fibrosis score                     | 1 <sup>4</sup>    | Comparative cohort     | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 105                         | 52                             | Mean fibrosis score: 1.38 vs. 1.80 (p=0.02)   | Very low  |
| Rate of hepatic fibrosis                | 1 <sup>4</sup>    | Comparative cohort     | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 105                         | 52                             | Rate of hepatic fibrosis: 108 vs. 115 (not significant, p-value NR)   | Very low  |

ALT, alanine aminotransferase; AST/, aspartate aminotransferase; COC, combined oral contraception; NA, not applicable; NR, not reported; OC, oral contraception (type not specified).

\*No studies were identified on patients with cirrhosis using contraception.

\*\*Most studies assessed COCs, but one study (Schweitzer et al., 1975) assessed oral contraceptives of unknown type and we assume that most of these were COCs; another study (Di Martino et al., 2004) included mostly COC users but 6% were POP users.

## Footnotes

<sup>a</sup>Risk of bias is considered very serious due to selection and information biases.

<sup>b</sup>Imprecision is considered very serious due to the small sample size, lack of power calculations, and lack of statistically significant results.

<sup>c</sup>Risk of bias is considered very serious due to selection bias, information bias, and use of crude estimates.

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7. Risk of worsening liver tumors among those with liver disease using hormonal contraception.

**Systematic review question: Among those with liver disease using hormonal contraception, is there a risk of worsening liver disease compared to no, non-hormonal, or other contraception?** This table is based on Kapp N, Tepper NK, Nguyen AT, Garbarino S, Kortsmi K, Curtis KM, Whiteman MK. Safety of hormonal contraception among women with liver disease: A systematic review. Contraception 2024; in preparation.

| Outcome   | Number of studies | Study design       | Risk of bias              | Inconsistency | Imprecision               | Indirectness | Number of patients: exposed | Number of patients: comparison | Effect  | Certainty |
|---|-------------------|--------------------|---------------------------|---------------|---------------------------|--------------|-----------------------------|--------------------------------|---|-----------|
| <b>Focal nodular hyperplasia (FNH)</b>                              |                   |                    |                           |               |                           |              |                             |                                |   |           |
| <b>COC continued use vs. discontinued use</b>                       |                   |                    |                           |               |                           |              |                             |                                |   |           |
| Change in FNH lesion number or size                                 | 2 <sup>1-3</sup>  | Comparative cohort | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 28                          | 110                            | Continued use: 1 increased lesion size, 2 decreased or resolved, 25 stable<br>Discontinued use: 4 increased lesion size, 9 decreased, 97 stable<br>Statistical testing NR | Very low  |
| <b>COC use vs. non-use</b>  |                   |                    |                           |               |                           |              |                             |                                |   |           |
| Change in FNH lesion number or size                                 | 1 <sup>1,2</sup>  | Comparative cohort | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 26                          | 14                             | COCs: 1 lesion resolution;<br>Non-use: no changes<br>Statistical testing NR   | Very low  |
| <b>POP use vs. non-use</b>  |                   |                    |                           |               |                           |              |                             |                                |   |           |
| Change in FNH lesion number or size                                 | 1 <sup>1,2</sup>  | Comparative cohort | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 7                           | 14                             | No changes in either group<br>Statistical testing NR  | Very low  |
| <b>OC use (type not specified) vs. non-use</b>                      |                   |                    |                           |               |                           |              |                             |                                |   |           |
| Proportion with OC use among those with lesion growth vs. no growth | 1 <sup>4</sup>    | Case-control       | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 17 (cases, lesion growth)   | 78 (controls, no growth)       | Lesion growth: 5/17 (29%) used OCs; no growth: 25/78 (32%) used OCs (p=0.83)  | Very low  |
| <b>Hepatocellular adenoma (HCA)</b>                                 |                   |                    |                           |               |                           |              |                             |                                |   |           |
| <b>COC continued use vs. discontinued use</b>                       |                   |                    |                           |               |                           |              |                             |                                |   |           |

|   |                |                        |                           |             |                           |             |    |    |  |          |
|---|----------------|------------------------|---------------------------|-------------|---------------------------|-------------|----|----|--|----------|
| Change in HCA lesion size   | 1 <sup>5</sup> | Non-comparative cohort | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 78 | NA | 4/78 (5%) with complete response, 29/78 (37%) with partial response, 44/78 (56%) stable, 1/78 (1%) progression                                 | Very low |
| Malignant transformation  | 1 <sup>5</sup> | Non-comparative cohort | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 78 | NA | No malignant transformation  | Very low |
| <b>OC (type not specified) continued use vs. discontinued use</b> |                |                        |                           |             |                           |             |    |    |  |          |
| Change in HCA lesion size   | 1 <sup>6</sup> | Comparative cohort     | Very serious <sup>c</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 27 | 36 | Continued use: 52% stable, 15% regression, 33% progression; Discontinued use: 78% stable, 19% regression, 3% progression (p=0.06, 0.74, 0.001) | Very low |
| Malignant transformation  | 1 <sup>6</sup> | Comparative cohort     | Very serious <sup>c</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 27 | 36 | One malignancy, not stated whether OC user or discontinuer   | Very low |
| <b>Estrogen use vs. no hormonal exposure</b>                      |                |                        |                           |             |                           |             |    |    |  |          |
| Change in HCA lesion size   | 1 <sup>7</sup> | Comparative cohort     | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 7  | 19 | Estrogen: 29.4% median change in sum of diameters; No hormones: -7.4%; p-value NR  | Very low |
| Malignant transformation  | 1 <sup>7</sup> | Comparative cohort     | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 7  | 19 | No malignant transformation  | Very low |
| <b>Progestin use vs. no hormonal exposure</b>                     |                |                        |                           |             |                           |             |    |    |  |          |
| Change in HCA lesion size   | 1 <sup>7</sup> | Comparative cohort     | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 8  | 19 | Progestin: -15% median change in sum of diameters; No hormones: -7.4% (p=0.52)   | Very low |
| Change in HCA lesion size   | 1 <sup>8</sup> | Non-comparative cohort | Not serious               | Not serious | Very serious <sup>b</sup> | Not serious | 13 | NA | 1/13 progression, 10/13 stable, 2/13 regression  | Very low |
| Malignant transformation  | 1 <sup>7</sup> | Comparative cohort     | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 8  | 19 | No malignant transformation  | Very low |
| Malignant transformation  | 1 <sup>8</sup> | Non-comparative cohort | Not serious               | Not serious | Very serious <sup>b</sup> | Not serious | 13 | NA | No malignant transformation  | Very low |

| Progestin use vs. estrogen use          |                |                    |                           |             |                           |             |    |    |   |          |
|---|----------------|--------------------|---------------------------|-------------|---------------------------|-------------|----|----|---|----------|
| Change in HCA lesion size               | 1 <sup>7</sup> | Comparative cohort | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 8  | 7  | Progestin: -15% median change in sum of diameters; Estrogen: 29.4% (p=0.04) | Very low |
| Malignant transformation                | 1 <sup>7</sup> | Comparative cohort | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 8  | 7  | No malignant transformation   | Very low |
| OC use (type not specified) vs. non-use |                |                    |                           |             |                           |             |    |    |   |          |
| Change in HCA lesion size               | 1 <sup>9</sup> | Non-comparative    | Very serious <sup>f</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 96 | NA | 76/96 (79%) with regression   | Very low |

COC, combined oral contraception; FNH, focal nodular hyperplasia; HCA, hepatocellular adenoma; NA, not applicable; NR, not reported; OC, oral contraception; POP, progestin-only pill.

### Footnotes

<sup>a</sup>Risk of bias is considered very serious due to selection bias, information bias, and use of crude estimates.

<sup>b</sup>Imprecision is considered very serious due to the small sample size and lack of power calculations.

<sup>c</sup>Risk of bias is considered very serious due to information bias and use of crude estimates.

<sup>d</sup>Risk of bias is considered very serious due to information bias.

<sup>e</sup>Risk of bias is considered very serious due to the use of crude estimates and differences in baseline characteristics.

<sup>f</sup>Risk of bias is considered very serious due to selection bias and use of crude estimates.

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8. Risk of thrombosis, pain, or osteopenia/osteoporosis among those with sickle cell disease using hormonal contraception.

**Systematic review question: Among those with sickle cell disease using hormonal contraception, is there a risk of arterial thrombosis, venous thromboembolism, pain, or osteopenia/osteoporosis compared to no, non-hormonal, or other contraception?** This table is based on Nguyen AT, Roe AH, Curtis KM, Pecker LH, Naik RP, Warner L, Whiteman MK. Safety of hormonal contraception use among those with sickle cell disease: a systematic review. Contraception 2024: in preparation.

| Outcome                                       | Number of studies | Study design                    | Risk of Bias              | Inconsistency | Imprecision               | Indirectness | Number of patients: exposed | Number of patients: comparison | Effect  | Certainty |
|---|-------------------|---------------------------------|---------------------------|---------------|---------------------------|--------------|-----------------------------|--------------------------------|---|-----------|
| <b>Sickle Cell Disease</b>                    |                   |                                 |                           |               |                           |              |                             |                                |   |           |
| <b>HC use vs. non-use</b>                     |                   |                                 |                           |               |                           |              |                             |                                |   |           |
| Pain crises (days of acute VOC during menses) | 1 <sup>1</sup>    | Cross-sectional                 | Very serious <sup>a</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 36                          | 17                             | HC use not associated with days of VOC pain vs. no HC use (mean days NR; p=0.49)  | Very low  |
| BMD   | 1 <sup>2</sup>    | Cohort                          | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 9                           | 16                             | BMD z-scores, median (range): baseline HC -0.7 (-3.0, 0.4) vs. no HC -1.4 (-5.2, 1.0) (p=0.44); 6 months: HC -1.30 (-3.1, 0.3) vs. no HC -1.35 (-4.4, 1.1) (p=0.57)                       | Very low  |
| <b>CHC use vs. non-use</b>                    |                   |                                 |                           |               |                           |              |                             |                                |   |           |
| Pain crises                                   | 2 <sup>3,4</sup>  | NRCT; cross-sectional           | Very serious <sup>d</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 49                          | 89                             | Pain crises at 3 months: CHC (72.7%) vs. sterilization (92%); 12 months: CHC (45.5%) vs. sterilization (50%); p-value NR<br>≥ 4 pain episodes/year: CHCs (60%) vs. no HC (50.7%), p=0.072 | Very low  |
| Pain crises                                   | 1 <sup>5</sup>    | Non-comparative cross-sectional | Very serious <sup>e</sup> | Not serious   | Very serious <sup>b</sup> | Not serious  | 67                          | NA                             | 5.9% with increased pain crises during COC use  | Very Low  |
| Any stroke                                    | 1 <sup>6</sup>    | Cohort                          | Serious <sup>f</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 178*                        | 1,079                          | HR (95% CI): 1.9 (0.6-5.9) for CHC group vs. comparison group (reference)   | Very low  |

|   |                |                                 |                           |             |                           |             |      |       |  |          |
|---|----------------|---------------------------------|---------------------------|-------------|---------------------------|-------------|------|-------|--|----------|
| Ischemic stroke                                     | 1 <sup>6</sup> | Cohort                          | Serious <sup>f</sup>      | Not serious | Very serious <sup>b</sup> | Not serious | 178* | 1,079 | HR (95% CI): 3.6 (0.8-16.5) for CHC group vs. comparison group (reference)   | Very low |
| Hemorrhagic stroke                                  | 1 <sup>6</sup> | Cohort                          | Serious <sup>f</sup>      | Not serious | Very serious <sup>b</sup> | Not serious | 178* | 1,079 | HR (95% CI): 1.2 (0.5-5.7) for CHC group vs. comparison group (reference)  | Very low |
| DVT   | 1 <sup>5</sup> | Non-comparative cross-sectional | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 67   | NA    | 2.9% with deep vein thrombosis during COC use  | Very Low |
| <b>POC use vs. non-use</b>                          |                |                                 |                           |             |                           |             |      |       |  |          |
| Pain crises   | 1 <sup>4</sup> | Cross-sectional                 | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 6    | 73    | ≥ 4 pain episodes/year: POC use (16.6%) vs. no HC (50.7%), p=0.118   | Very low |
| <b>Implant use (norgestrel acetate) vs. non-use</b> |                |                                 |                           |             |                           |             |      |       |  |          |
| Pain crises   | 1 <sup>7</sup> | Cohort                          | Very serious <sup>g</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 20   | 10    | 1, 3, 6, 9, 12 months: 0, 0, 20%, 40%, 10% for implant group vs. 50%, 30%, 10%, 35%, 10% for comparison group                                      | Very low |
| <b>DMPA use vs. non-use</b>                         |                |                                 |                           |             |                           |             |      |       |  |          |
| Pain crises   | 1 <sup>8</sup> | RCT                             | Very serious <sup>h</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 23   | 23    | Episodes of pain crises: DMPA phase 29 episodes among 14 (61%) participants vs placebo phase 58 episodes among 20 (87%) participants, p=0.05       | Very low |
| Pain crises   | 1 <sup>3</sup> | NRCT                            | Very serious <sup>d</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 13   | 16    | Pain crises at 3 months: DMPA (50%) vs. sterilization (92%); 12 months: DMPA (30%) vs. sterilization (50%); statistically significant (p-value NR) | Very low |
| Pain crises   | 1 <sup>5</sup> | Non-comparative cross-sectional | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 26   | NA    | 0% with increased pain crises during DMPA use  | Very Low |
| VTE   | 1 <sup>9</sup> | Non-comparative cohort          | Serious <sup>i</sup>      | Not serious | Very serious <sup>b</sup> | Not serious | 12   | NA    | 0 VTEs during study period   | Very low |

|                            |                |                                 |                           |             |                           |             |    |    |  |          |
|----------------------------|----------------|---------------------------------|---------------------------|-------------|---------------------------|-------------|----|----|--|----------|
| DVT                        | 1 <sup>5</sup> | Non-comparative cross-sectional | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 26 | NA | 0% with deep vein thrombosis during DMPA use | Very Low |
| Osteopenia                 | 1 <sup>9</sup> | Non-comparative cohort          | Serious <sup>i</sup>      | Not serious | Very serious <sup>b</sup> | Not serious | 12 | NA | 0 cases osteopenia during study period       | Very low |
| <b>POP use vs. non-use</b> |                |                                 |                           |             |                           |             |    |    |  |          |
| Pain crises                | 1 <sup>5</sup> | Non-comparative cross-sectional | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 30 | NA | 0% with increased pain crises during POP use | Very Low |
| DVT                        | 1 <sup>5</sup> | Non-comparative cross-sectional | Very serious <sup>e</sup> | Not serious | Very serious <sup>b</sup> | Not serious | 30 | NA | 0% with deep vein thrombosis during POP use  | Very Low |

BMD, bone mineral density; CI, confidence interval; CHC, combined hormonal contraception; COC, combined oral contraception; DMPA, depot medroxyprogesterone acetate; DVT, deep venous thrombosis; HC, hormonal contraception; HR, hazard ratio; NA, not applicable; NR, not reported; NRCT, non-randomized clinical trial; OC, oral contraception; OR, odds ratio; POC, progestin-only contraception; POP, progestin-only pills; RCT, randomized clinical trial; SCD, sickle cell disease; VOC, vaso-occlusive crisis; VTE, venous thromboembolism.

### Footnotes

\*OC, presumed mostly COC

<sup>a</sup>Risk of bias is considered very serious due to measurement for recent contraceptive use, the unclear description of the comparison group (non-hormonal or no contraceptive use), and the use of crude estimates only.

<sup>b</sup>Imprecision is considered very serious due to the small sample size, lack of power calculations, and wide/no variance reported.

<sup>c</sup>Risk of bias is considered very serious due to the major differences between those who did and did not respond/participate, inadequate follow-up time, and the use of crude estimates only.

<sup>d</sup>Risk of bias is considered very serious due to lack of information on recruitment or response rate, self-reported exposure, and the use of crude estimates only.

<sup>e</sup>Risk of bias is considered very serious due to lack of response rate, unclear timing of contraceptive use, poor description of outcome assessment, and lack of description of the follow-up time.

<sup>f</sup>Risk of bias is considered serious due to self-report of exposure and the unclear description of the comparison group (non-hormonal or no contraceptive use).

<sup>g</sup>Risk of bias is considered very serious due to lack of information on selection of participants, lack of reporting of response rate and follow-up, and use of crude estimates only.

<sup>h</sup>Risk of bias is considered very serious due to the lack of information on blinding, allocation sequence, and baseline characteristics.

<sup>i</sup>Risk of bias is considered serious due to use of administrative data with no validation of exposure or outcomes.

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9. Risk of complications or reduced contraceptive effectiveness among those with solid organ transplant using contraception.

**Systematic review question: Among those with solid organ transplant using contraception, is there a risk of complications (thrombosis, hypertension, fracture/bone loss, infection, organ rejection) or reduced contraceptive effectiveness compared to no, non-hormonal, or other contraception?** This table is based on Baker CC, Suresh T, Nguyen AT, Curtis KM, Whiteman MK. Safety and effectiveness of contraception among women with solid organ transplant: A systematic review. Contraception 2024: in preparation.

| Outcome  | Number of studies | Study design       | Risk of bias              | Inconsistency | Imprecision               | Indirectness              | Number of patients: exposure | Number of patients: comparison | Effect   | Certainty |
|--|-------------------|--------------------|---------------------------|---------------|---------------------------|---------------------------|------------------------------|--------------------------------|--|-----------|
| <b>Solid organ transplant recipients: Implant use vs. non-hormonal use</b>   |                   |                    |                           |               |                           |                           |                              |                                |  |           |
| Post-transplantation infection   | 1 <sup>1</sup>    | Comparative cohort | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious               | 24                           | 24                             | 50.0% vs. 54.2% (p=1.0)  | Very low  |
| Changes in immunosuppressant therapy   | 1 <sup>1</sup>    | Comparative cohort | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious               | 24                           | 24                             | 79.2% vs. 87.5% (p=0.7)  | Very low  |
| Graft failure  | 1 <sup>1</sup>    | Comparative cohort | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious               | 24                           | 24                             | 4.2% vs. 0% (p=1.0)  | Very low  |
| Graft rejection  | 1 <sup>1</sup>    | Comparative cohort | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious               | 24                           | 24                             | 33.3% vs. 33.3% (p=1.0)  | Very low  |
| Repeat transplant surgery  | 1 <sup>1</sup>    | Comparative cohort | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious               | 24                           | 24                             | 8.3% vs. 0% (p=0.49)   | Very low  |
| Effectiveness (pregnancy)  | 1 <sup>1</sup>    | Comparative cohort | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious               | 24                           | 24                             | 1 pregnancy in implant group (after discontinuation); 1 pregnancy in comparison group  | Very low  |
| <b>LNG-IUD users: Solid organ transplant recipients vs. healthy patients</b> |                   |                    |                           |               |                           |                           |                              |                                |  |           |
| Effectiveness (inflammatory markers)   | 1 <sup>2</sup>    | Comparative cohort | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Very serious <sup>d</sup> | 5                            | 11                             | Some significant differences in serum cytokines (range p=0.01 to 0.46); no significant differences in serum soluble receptor levels (p>0.05) | Very low  |
| Effectiveness (cytokine levels from uterine lavage)                          | 1 <sup>2</sup>    | Comparative cohort | Very serious <sup>c</sup> | Not serious   | Very serious <sup>b</sup> | Very serious <sup>d</sup> | 5                            | 11                             | No significant difference in lavage cytokine levels (p>0.05)   | Very low  |

|  |                    |                    |                           |             |                           |                           |    |    |  |          |
|--|--------------------|--------------------|---------------------------|-------------|---------------------------|---------------------------|----|----|--|----------|
| Effectiveness (endometrial macrophage activity)                              | 1 <sup>2</sup>     | Comparative cohort | Very serious <sup>c</sup> | Not serious | Very serious <sup>b</sup> | Very serious <sup>d</sup> | 5  | 11 | No significant difference in endometrial macrophage activity (p>0.05)  | Very low |
| <b>LNG-IUD use among solid organ transplant recipients (non-comparative)</b> |                    |                    |                           |             |                           |                           |    |    |  |          |
| Effectiveness (pregnancy)  | 4 <sup>3-6</sup>   | Non-comparative    | Serious <sup>a</sup>      | Not serious | Very serious <sup>b</sup> | Not serious               | 47 | NA | No pregnancies reported; follow-up time ranged from 1-84 months        | Very low |
| Safety (pelvic infection)  | 3 <sup>3,4,6</sup> | Non-comparative    | Serious <sup>a</sup>      | Not serious | Very serious <sup>b</sup> | Not serious               | 35 | NA | No pelvic infections reported; follow-up time ranged from 1-84 months  | Very low |
| <b>CHC use among solid organ transplant (non-comparative)</b>                |                    |                    |                           |             |                           |                           |    |    |  |          |
| Effectiveness (pregnancy)  | 4 <sup>7-10</sup>  | Non-comparative    | Serious <sup>e</sup>      | Not serious | Very serious <sup>b</sup> | Not serious               | 76 | NA | No pregnancies reported; follow-up time ranged from 12-70 months       | Very low |
| Safety (graft dysfunction/rejection/change in immunosuppressant therapy)     | 4 <sup>7-10</sup>  | Non-comparative    | Serious <sup>e</sup>      | Not serious | Very serious <sup>b</sup> | Not serious               | 76 | NA | 1 symptoms of graft rejection; follow-up time ranged from 12-70 months | Very low |

CHC, combined hormonal contraception; IUD, intrauterine device; LNG, levonorgestrel; NA, not applicable.

### Footnotes

<sup>a</sup>Risk of bias is considered serious due to safety and effectiveness outcomes being identified through chart review with no active follow-up or validation.

<sup>b</sup>Imprecision is considered very serious due to the small sample size and no power calculations.

<sup>c</sup>Risk of bias is considered very serious due to lack of information on the population source and recruitment flow and the reporting of only crude measures with unknown influence of confounding variables.

<sup>d</sup>Indirectness is considered very serious due to the use of changes in the uterine environment as a proxy measure for contraceptive effectiveness.

<sup>e</sup>Risk of bias is considered serious due to lack of information on the population source and recruitment flow and self-reported outcomes.

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## 10. Risk of intrauterine device expulsion after postpartum placement by timing of placement

### Systematic review question: What is the risk of intrauterine device expulsion after postpartum placement by timing of placement?

This table is based on Nguyen AT, Wright S, Jeng G, Averbach S, Jatlaoui T, Ermias Y, Curtis KM, Tepper NK, Whiteman MK. Intrauterine device expulsion after postpartum placement by timing of placement: a systematic review and meta-analysis. *Contraception* 2024; in preparation.

| Outcome  | Number of studies  | Risk of Bias         | Inconsistency | Imprecision          | Indirectness | Number of patients with IUDs placed | Complete IUD expulsion rate, % (range among studies) | Certainty |
|--|--|----------------------|---------------|----------------------|--------------|-------------------------------------|--|-----------|
| <b>Pooled complete IUD expulsion rates</b>       |  |                      |               |                      |              |                                     |  |           |
| <b>IUD placement timing</b>                      |  |                      |               |                      |              |                                     |  |           |
| Immediate ( $\leq 10$ min of placental delivery) | 65 <sup>1-65</sup>   | Serious <sup>a</sup> | Not serious   | Serious <sup>b</sup> | Not serious  | 12,225                              | 8.6% (0.0-31.9%)                                     | Very low  |
| Early ( $>10$ min to $<4$ wks postpartum)        | 15 <sup>3, 13, 21, 41, 46, 66-74</sup>   | Serious <sup>a</sup> | Not serious   | Serious <sup>b</sup> | Not serious  | 19,452                              | 4.5% (0.0-46.7%)                                     | Very low  |
| Early inpatient ( $>10$ min to $<72$ hrs)        | 11 <sup>3, 13, 21, 41, 46, 59, 69-72, 75</sup>   | Serious <sup>a</sup> | Not serious   | Serious <sup>b</sup> | Not serious  | 2,044                               | 25.1% (3.5-46.7%)                                    | Very low  |
| Early outpatient (72 hrs to $<4$ wks)            | 4 <sup>66-68, 74</sup>   | Serious <sup>a</sup> | Not serious   | Not serious          | Not serious  | 17,408                              | 2.0% (0.0-2.1%)                                      | Low       |
| Within 72 hours ( $\leq 72$ hrs)                 | 12 <sup>50, 66, 76-85</sup>  | Serious <sup>a</sup> | Not serious   | Serious <sup>b</sup> | Not serious  | 8,702                               | 7.7% (1.4-29.8%)                                     | Very low  |
| Interval ( $\geq 4$ wks)                         | 21 <sup>2, 6, 8, 13, 19, 21, 29, 33, 49, 57, 61, 66, 67, 69, 70, 72, 74, 83, 86-88</sup> | Serious <sup>a</sup> | Not serious   | Not serious          | Not serious  | 70,722                              | 1.6% (0.0-4.8%)                                      | Low       |

IUD, intrauterine device.

### Footnotes

<sup>a</sup>Risk of bias is considered serious due to selection bias with the response and follow-up rate, the non-standard definition and diagnosis of expulsion, and the differential lengths of follow-up.

<sup>b</sup>Imprecision is considered serious due to wide range of complete IUD expulsion rates among studies.

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### 11. Risk of reduced medication abortion effectiveness among those systemic hormonal contraception.

**Systematic review question: Among those who underwent medication abortion, is there a risk of reduced medication abortion effectiveness (surgery to complete abortion, ongoing pregnancy) with immediate versus delayed initiation of systemic hormonal contraception?**

This table is based on Kim C, Nguyen AT, Berry-Bibee E, Ermias Y, Gaffield ME, Kapp N. Systemic hormonal contraception initiation after abortion: A systematic review and meta-analysis. *Contraception*. 2021 May;103(5):291-304. Doi: 10.1016/j.contraception.2021.01.017. Epub 2021 Feb 3. PMID: 33548267; PMCID: PMC8040936.

| Outcome  | Number of studies | Study design | Risk of Bias              | Inconsistency | Imprecision               | Indirectness | Number of patients: exposed | Number of patients: comparison | Effect  | Certainty of evidence |
|--|-------------------|--------------|---------------------------|---------------|---------------------------|--------------|-----------------------------|--------------------------------|---|-----------------------|
| <b>Medication abortion effectiveness</b>                 |                   |              |                           |               |                           |              |                             |                                |   |                       |
| <b>ENG implant use: immediate vs. delayed initiation</b> |                   |              |                           |               |                           |              |                             |                                |   |                       |
| Surgery to complete abortion                             | 2 <sup>1,2</sup>  | RCT          | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 506                         | 495                            | Immediate 3.9% vs. delayed 3.9%; difference (90% CI): 0.08% (-3.06-3.25%)<br>Immediate 5.7% vs. delayed 3.8%; difference (95% CI): 1.3% (-0.9-4.1%) | Low                   |
| Surgery to complete abortion                             | 1 <sup>3</sup>    | Cohort       | Very serious <sup>c</sup> | Not serious   | Serious <sup>d</sup>      | Not serious  | 57                          | 62                             | Immediate 96.5% vs. delayed 98.4% (p=0.47)  | Very low              |
| Ongoing pregnancy  | 1 <sup>1</sup>    | RCT          | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 229                         | 234                            | Immediate 0.9% vs. delayed 0.9%; difference (90% CI): 0.02% (-1.8-1.85%)  | Low                   |
| <b>COC use: immediate vs. delayed initiation</b>         |                   |              |                           |               |                           |              |                             |                                |   |                       |
| Surgery to complete abortion                             | 1 <sup>4</sup>    | RCT          | Very serious <sup>e</sup> | Not serious   | Very serious <sup>d</sup> | Not serious  | 19                          | 19                             | Immediate 0% vs. delayed 0%   | Very low              |
| <b>DMPA use: immediate vs. delayed initiation</b>        |                   |              |                           |               |                           |              |                             |                                |   |                       |
| Surgery to complete abortion                             | 1 <sup>5</sup>    | RCT          | Serious <sup>a</sup>      | Not serious   | Very serious <sup>b</sup> | Not serious  | 220                         | 226                            | Immediate 6.4% vs. delayed 5.3%; difference (90% CI): 1.1% (-2.8-4.9%)  | Low                   |
| Ongoing pregnancy  | 1 <sup>5</sup>    | RCT          | Serious <sup>a</sup>      | Not serious   | Serious <sup>f</sup>      | Not serious  | 220                         | 226                            | Immediate 3.6% vs. delayed 0.9%; difference (90% CI): 2.7% (0.4-5.6%)   | Moderate              |

CI, confidence interval; COC, combined oral contraception; DMPA, depot medroxyprogesterone acetate; ENG, etonogestrel; RCT, randomized clinical trial.

#### Footnotes

<sup>a</sup>Risk of bias is considered serious due to the timing in delayed group not being described and ultrasound assessment not reported as blinded.

<sup>b</sup>Imprecision is considered very serious due to the 90% CI that includes both appreciable benefit and harm.

<sup>c</sup>Risk of bias is considered very serious due to no confounding assessment and few participants in delayed implant group had implant placed.

<sup>d</sup>Imprecision is considered serious due to the small sample size and no information given about power calculation.

<sup>e</sup>Risk of bias is considered very serious due to limited or no details on allocation concealment, participant rates, outcome assessment (blinding and criteria used), and COC adherence.

<sup>f</sup>Imprecision is considered serious due to the wide CI that does not include zero.

## References

1. Raymond EG, Weaver MA, Tan YL, Louie KS, Bousiéguez M, Lugo-Hernández EM, et al. Effect of Immediate Compared With Delayed Insertion of Etonogestrel Implants on Medical Abortion Efficacy and Repeat Pregnancy: A Randomized Controlled Trial. *Obstet Gynecol* 2016;127:306-12. <https://doi.org/10.1097/aog.0000000000001274>
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5. Raymond EG, Weaver MA, Louie KS, Tan YL, Bousiéguez M, Aranguré-Peraza AG, et al. Effects of Depot Medroxyprogesterone Acetate Injection Timing on Medical Abortion Efficacy and Repeat Pregnancy: A Randomized Controlled Trial. *Obstet Gynecol* 2016;128:739-45. <https://doi.org/10.1097/aog.0000000000001627>